

In the Schools...

As the school year started to wind down, Positive Flow was in high demand to keep elementary and middle school students focused on completing the year with smiles. We participated in school functions in Seminole and Orange counties.



www.positiveflowfoundation.org

We believe there are many negative influences for children that prevent them from enjoying Positive Lifestyles. With empowerment sessions, leadership training, and group mentoring we motivate young people and families to live more positive lifestyles.

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Markham Woods Middle, Sanford, FL

Back in January 2014, we did a Positive Flow Show for Markham Woods middle school in Sanford, FL. Actually we did two shows for 500 students each. The students were first visited by Busta St. James during lunch. He hung out with the kids for all three lunch periods to get them on the Positive track. He even did a video for the kids that was played on their morning announcements. The students and teachers had a great time as Bruno, Nino and Mr. B dazzles them with music, storytelling and a 'Confrontational Skit' that include the police and school administration. Positive Flow let the kids know the importance of keeping their school clean and safe because the school is their community.

Then in May Bruno and Mr. B. returned to talk with some of the male students at the school. This was the trial run for the leadership program. They met with 45 students during lunch to give them some tools on becoming leaders as well as information for them to become successful in their dreams. We thank Principal Kubis and Mrs. Lombardi for allowing us the opportunity to instill some Positive Flow into their students.



Meadowbrook Middle School, Orlando, FL

Last October, we were invited by Principal Nash and Dean Harris to come do a Positive Flow Show for Meadowbrook middle school. Bruno did a great job performing for more than 300 students at that event. Continuing our support for them throughout the year, we participated in multiple events with their students and families. Some of these events included their Fall Festival, Family Fun Night and Adopt-A-Road Clean up event.

On Feb 1st, Busta St. James helped the kids at Meadowbrook clean the street their school resides on, North Lane. Over this two mile stretch, Busta kept the Meadowbrook Step Team entertained and most forgot they were cleaning up trash. Even in the rain, this event was a success.

By adopting this road, the school is required to do a clean up event every 6 weeks. You too should Adopt-A-Road.

The on Feb. 4th, Busta and Mr. B. participated in their Family Fun Night. Busta had participants help him sing a version of Michael Jackson's 'Billie Jean'. It sounded nothing like Mike's version, but it was still 'Off The Wall'....if you know what I mean! By participating in this this event, we contributed to their Fine Arts Dept. to go on a trip to Washington DC to perform. They raised enough funds for them to perform at the World War II Memorial and we are very proud of them. We'd like to thank Principal Nash, Dean Harris and Ms. Bryant for allowing us to work with the school.



Continued in the Schools...

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English Estates Elementary, Casselberry, FL

Just before letting out for the summer, the Positive Flow Show was requested by English States Elementary and Bentley Elementary to entertain their extended day students. I don't believe they knew what they were in for.

Between the energetic Busta St. James, the engulfing storytelling of Mr. B and the crazy games from Ms. Evana, the kids and staff were amazingly active and attentive. The kids had a great time singing 'Throw Some A's' with Busta and even the teachers participated by dancing and singing along as well.

Ms. Evana and Mr. B talked with the kids on the importance of sharing and helping their teachers. They learned that they share everything in this world and sharing will help them become more successful in life.

As a result of the activities at Bentley and English Estates, Positive Flow was invited to be a part of the 21st Century programs in Seminole County Public Schools. This will allow us to be in more than 8 after school community centers in Seminole County for K-12 students. We are looking forward to bringing more Positive Flow to the students in Seminole County.



Bentley Elementary, Sanford, FL



Some of Our Thoughts of the Week:



Week of 4/26/2014:

Be happy for no reason! If you are happy for a reason, that reason can be taken away from you, then you are in trouble.

Week of 5/11/2014:

Being defeated is often a temporary condition. Giving up is what makes it permanent.

Week of 6/1/2014:

There're some people in life that make you laugh a little louder, smile a bit bigger and live just little bit better. Thank them Today!

Week of 6/16/2014:

When you do something out of the kindness of your heart, do not come back later to collect on it.

Flow Night continues on...

Flow Nights in April, May and June all showed an increase of student and parent participation. The word also spread among folks wanting to help because we also increase in our volunteers. It turns out that providing a safe environment for students to be positive, learn cooperative skills and enjoy a night of fun means a lot! Dancing, Mat Ball and eating healthy foods has kept the kids coming. But they have also enjoyed the group sessions and presenters that have brought them some education and guidance.

The author of *Living Beyond Your Paycheck*, Mr. Chad McKendrick came to talk with the students about the three S's of money. Spend, Save and Share. The students learned that sharing money helps them and others. While Saving will provide them wealth for the future. Of course everyone wants to Spend money and that's ok...as long as you spend it wisely!



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